### Gymnastics

Date: Monday Oct 29th Time: 2:30-5:30 pm Location: Aux Gym Date: Thursday Nov. 1st Time: 6:30-9:30 pm Head Coach: Ashley Ahearn Email: neale.ashley@gmail.com

# Varsity Boys Basketball

Date: Monday, Nov. 5th thru Wednesday Nov. 7th Time: 6:00-9:00 pm Location: Main gym Head Coach: Matt Lockhart Email: mlockhart22@comcast.net

#### JV Boys Basketball

Date: Monday Nov. 5th thru Wednesday, Nov 7th Time: 3:00 – 5:00 pm Location: Main Gym Head Coach: Matt Ferguson Email: screenandroll37@yahoo.com

### Fr. Boys Basketball

Date: Monday, Nov 5th thru Wednesday, Nov 7th Time: 4:30-6:30 pm Location: Main gym Head Coach: Chris Wisnieski Email: wiz427@yahoo.com

# JV/Var Competitive Cheer

Date: Monday Nov. 5th thru Wednesday, Nov. 7th Time: 6:00-8:00 pm Location: Aux gym Head Coach: Kim Edwards Email: kimberlyedwards93@yahoo.com

#### Varsity Girls Basketball

Date: Monday, Nov. 12 thru Wednesday, Nov 14th Time: 2:30-4:30 pm Location: Main Gym Head Coach: Dave Kuppe Email: david.kuppe@fraserk12.org

# JV Girls Basketball

Date: Monday, Nov. 12th thru Wednesday Nov. 14 Time: 4:30-6:30 pm Location: Main Gym Head Coach: Dan Hogan Email: daniel.hogan@fraserk12.org

## Fr Girls Basketball

Date: Monday, Nov. 12 thru Wednesday Nov. 14 Time: 3:00-5:00 pm Location: Girls Gym Head Coach: Jim Wisnieski Email: wizrules@live.com

# Wrestling

Date: Monday Nov. 12 Time: 2:30-5:00 pm Location: Boys Gym Head Coach: Rick Julien Email: rhjulien1@gmail.com

# **Boys Swim**

Start Date: Monday, Nov. 19th Additional information will be sent out once a new head coach is named

**NOTE**: All students that are interested in trying out or attending practices must have a completed athletic physical on record with the athletic department or handed in to the coach on the 1st day of tryouts in order to be able to participate in any activities. All students will be held out of participating until a completed physical has been turned in. Physicals must be dated after April 15, 2018 to be used for the 2018-2019 school year. All students must of passed 6 of 8 classes from the previous semester (spring 2018 semester) in order to be eligible to participate in a winter sport. If you have any questions regarding upcoming tryouts or physicals, you can email Athletic Director Shane Redshaw at shane.redshaw@fraserk12.org